BETWEEN THE LINES

PRESCOTT VALLEY PUBLIC LIBRARY'S MONTHLY NEWSLETTER



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DIRECTOR'S CUT

BY CASEY VAN HAREN

By now, many people have given up on their New Year's resolutions. If you are like most people, many of us didn't even think about trying to improve ourselves during the current pandemic. We are just trying to get by. As I am a glass half full type of person, I have been struggling to stay focused on goals at times. So, how do you set goals in a time of uncertainty?

Setting goals helps to increase happiness and satisfaction of accomplishment. According to Dr. Sasha Heinz, a positive psychologist, it is important to separate goals into manageable and achievable sizes. Heinz gives us the ok to "tone-down our big-picture visions for the moment." I am such a big picture thinker and this has helped me pull back and focus on incremental goals that I can control. Sometimes setting those high in the sky apple pie goals causes frustration and set backs, and that's where people quit. This only increases our anxiety and sense that we are failures.

Another tool that helps with goal setting and success is writing down what you want to achieve. According to Forbes, "study after study shows you will remember things better when you write them down." Writing daily, weekly and monthly goals can increase your ability to accomplish your goals. Now, I'm no expert, but when I write down my goals, look at them daily, I don't back down. They are right there for me to see everyday. The best thing about writing down a goal is when I finish it, I can cross it off my list.

Of course the big goal we all think about is eating heathier and exercising. Many of us have taken advantage of the great weather (well, not that last week of snow!) to hike, walk, or get outside. Taking care of our bodies, especially during the pandemic is crucial.

It's all about change, be it small or medium right now. My dad always told me if you keep doing what you're doing, you'll keep getting what you're getting. If I'm miserable, and don't change, I'll continue to be miserable. That always hit home with me and when I started to feel like nothing was changing, I changed. These are just the steps that I took that helped me get through this last year. I feel there is the light at the end of the tunnel and hope everyone continues to stay healthy and safe.



HIGHLIGHTS

CHILDREN'S

February Highlights

Did you know that the first Saturday of February is **Take Your Child to the Library Day?**" We encourage people to bring their children to the Library often to select books since the more books they read, the better they do in school. Plus it's fun! And we totally understand why you can't bring them at this time. In fact, the whole month is **Library Lovers Month!** And our little children are important to us.

Public libraries are rare in other countries because many libraries are only available to higher education study. We are fortunate to be able to access public libraries for learning and entertainment and community meetings (one day again).



Programs

- This month, our Tween Librarian Ruby, will be reading poems by African-American authors for Black History Month on YouTube. On Facebook, watch for presidential trivia and more author and illustrator profiles.
- Sawyer S. is the second child to reach 1000 Books Before Kindergarten!
- We are not providing in-person programming at this time but we would like to compile a directory of community people who would be interested in sharing a hobby they enjoy with children--either in a group or one-on-one. Contact Lynette at 929-759-3044 to be added to our Contact list and for more information.

TWEEN (AGES 9-13)



The Children's Department is proud to present the Junior Artist Showcase!

Young artists are welcome to submit their creations to be displayed up on the second floor of the Library, in the Children's Department. We are accepting work from artists through the age of 12.

Teen artists (age 13+) who wish to showcase their work in the library can reach out to the Teen Department at pvplteens@gmail.com.

Feel free to email Ruby Williamson, the Tween librarian, at rwilliamson@pvaz.net for more information, or stop by the Children's Department if you have any questions!



HIGHLIGHTS

YOUNG ADULT

Check out our new Podcast: YA Booklovers!



Introducing our new YA Podcast for all the Young Adult Literature readers out there. Monthly, we discuss our favorite new book releases, news from the book and movie world, and other updates from the PVPL Teen Space. Our first podcast premieres February 26th featuring YA Author KayLynn Flanders!

February Teen Programs are all about gaming. From a new Teen RPG Club, Among US, and Trivia, there are several fun virtual programs to check out this month! Just make sure to register so we can send you the link. Also, don't forget to pick up the new Crafternoon take-home kit at the YA department or drive-up window.

ADULT

Coming Soon! New Classes

Skillshare, Silverkite Community
Arts, Oasis Everywhere Computer &
Technology & Creativebug

Are you looking for new, fun and interesting classes? Are you looking to learn a new skill? Starting in February, the library will be offering several new ways for you to access a wide variety of live virtual and pre-recorded classes.

Skillshare - Skillshare is an online learning community with thousands of classes for creative and curious people, on topics including illustration, design, photography, video, freelancing, and more. Limited to 23 patrons per month. Registration is required. PVPL patrons only.

Silverkite Community Arts - offers online intergenerational workshops, talks, social hours, and performances for the community. Unlimited participants but registration is required.

Oasis Everywhere - Virtual Lifelong Learning. Computer & Technology Classes. Seats are limited and registration is required.

Creativebug - COMING SOON!
Experience the joy of making with thousands of award-winning video classes taught by top designers and artists.
Access from the library's website using your PVPL library card.

For all classes, register at pylib.net>Attend>Classes& Programs

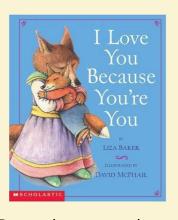
STAFF SUGGESTIONS

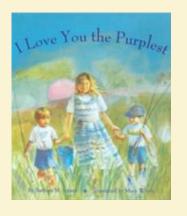
CHILDREN'S

Books of Love for Young Children

There are many books for young children which reassure them of a parent's love. Children of all ages need to feel that this love is not tied to their behavior (even though their behavior can affect how they are treated).

Liza Baker has written I Love You Because You're You which describes, in rhyming text and illustrations, a mother's love for her child no matter how he feels or what he does.





Do you have more than one child? I Love You the **Purplest** is an unusual title but a heart-warming story by Barbara Joosse about how two boys discover that their mother loves them equally but in different ways.

One more book that would be good to read together is **Just Like You** by Jan Fearnley. Mama Mouse and Little Mouse, having seen and heard various animal parents pledging their love to their children, tell each other how special they are.

TWEEN (AGES 9-13)



This Was Our Pact
Ryan Andrews

Every fall, the town releases hundreds of glowing lanterns into the river. No one knows where they end up -- as soon as the lanterns turn the bend, the grown ups head back home.

This year, however, a group of boys has made a pact to follow the lanterns to wherever they go. All the way to the end. No looking back, no turning around. Except they do. One by one, the boys turn back to home, until only two of them are left -- Ben and Nathaniel.

And this is where our story really begins.

Ben and Nathaniel aren't friends. The other boys in the group pick on Nathaniel relentlessly, and Ben knows that if he said anything, he would be a target too. So even when it's just the two of them, he finds himself acting like a jerk. Even as they go on an amazing adventure and see fantastical things -- like a talking bear! And a GIANT dog! And a cave filled with stars!

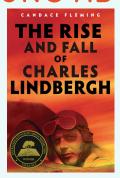
Even in the face of all that wonder, Ben struggles to let go of his meanness. Because letting go means owning up to it and apologizing. And he doesn't know how to do that.

<u>This Was Our Pact</u> is a nostalgic, surprisingly tender graphic novel that beautifully merges fantasy with the reality of growing up. It begs the reader to ask: what does it mean to make a promise? And what does it mean to be a friend -- a *real* friend?



STAFF SUGGESTIONS

YOUNG ADULT

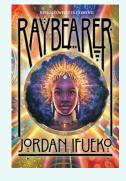


2021 YALSA AWARD FOR EXCELLENCE IN NONFICTION FOR YOUNG ADULTS

The 2021 Award Winners are in and the nonfiction award goes to <u>The</u>

Rise and Fall of Charles Lindbergh
by Candace Fleming. This dark and riveting biography investigates the fascinating story of the first person to fly across the Atlantic.

2021 TOP TEN BEST FICTION



One of the top ten titles, <u>Raybearer</u> by Jordan Ifueko, is a remarkable fantasy novel for readers who love immersive worldbuilding series like <u>Children of Blood and Bone</u> & <u>An Ember in the Ashes</u>. The story follows Tarisai who is ordered to kill the Crown Prince after gaining his trust.

ADULT



SO MANY NEW ITEMS TO CHOOSE FROM!



FEBRUARY CALENDAR

★ Online Chair Yoga - Registration Required for all Yoga
Classes at pvlib.net>Attend>Classes & Programs

MONDAYS-FRIDAYS 10-11AM

- ★ Online Morning Stretch Wednesdays 8:30-9:30am
- ★ Online Yoga Nidra Thursdays 12-1pm
- Checkin' Out the Neighborhood PVPL's Podcast: Who is Circle L Ranch Rescue & Sanctuary
 Tuesday, February 9th, 2021 https://anchor.fm/pvpl, on the library website, or your favorite podcast source.
- February Master Gardener Backyard Composting
 Tuesday, February 9th, 2021 from 4:00pm 5:00pm
 Registration is required Attend>Classes & Programs">pvlib.net>Attend>Classes & Programs
- Android Essentials (3 weeks) Registration Required Virtual Online Live Class
 Tuesday, February 16th, 2021 from 1:00pm 3:00pm
 Registration is required at pvlib.net>Attend>Classes & Programs
- ★ Prescott Valley Public Library, in partnership with SilverKite
 Community Art is hosting 'Sip and Paint' (Acrylics) a virtual live
 class.

Saturday, February 27th, 2021 2:30 - 3:30pm Registration is required at <u>pvlib.net>Attend>Classes & Programs</u>

★ Check out the PVPL Facebook page for 'It's Trivia Day'
Every Wednesday Questions - Every Friday Answers



IN OTHER NEWS

Are you a musician, storyteller, historian, writer, actor, dancer, spoken word artist, painter or an otherwise creative person who would like to showcase your work, ability, or group at a community meeting? If so, we desire to know potential presenters for our speaker series and would love to add your contact information and program ideas to our database.

The <u>Town of Prescott Valley Arts and Culture Commission</u> meetings are held on the third Wednesday of each month. We offer a single 15 minute segment per month to presenters/performers during our locally televised monthly commission meetings.

Past speaker topics have included: woodworking, floral arranging, opera singing, dancing, and the list goes on. Opportunities are available for the following months in 2021: March, April, May, August, September, October, and November.

If you are interested in sharing your information with us, please contact Arts & Culture Coordinator, Isabella Chewning at (928) 759-3127 or ichewning@pvaz.net





IN OTHER NEWS



The Friends of the Prescott Valley Library are having a blue dot sale in February. All items with a blue dot are on sale for .25¢ from February 1-14, 2021.

